** PCP Prelude Basics**

**Arrival:** Please plan to arrive between 2-4pm on Sunday. We will provide a tour of the campus, and ask you to complete any last minute paperwork. All parents must leave the campus by 4pm.

**Faculty Concerts:** The faculty will perform on-campus for the campers once during Prelude.

**Communications:**  Camp email is checked daily: pointcp@gmail.com. On Tuesdays and Fridays we will update our website with photos and information about current camp activities. [www.pointcp.com](http://www.pointcp.com)

**Campers are only allowed to use the phone in an emergency. There are no cell phones or computers allowed at camp. This policy is strictly enforced.** Campers enjoy receiving mail! Write *positive* and *encouraging* letters.

Expect that you will receive a short note from your camper’s counselor once during the session. Music Faculty write a note directly to the camper’s Music Teacher at the end of the session.

**Safety:** The health and safety of our campers is our number one priority. We have a certified lifeguard on duty during all swimming activities. Swim skills for each camper are assessed the first day of camp. Swimming lessons are provided, upon request. Campers are not allowed off campus without camp staff.

**Health Form:** A completed health form for each camper must be returned to camp by June 15th. *Be sure JennyB is made aware of all recent physical or mental health conditions and prescription medications.* We have a consulting physician who sees our campers when necessary. Porter Hospital in Middlebury is fifteen minutes away in case of emergencies.

**Camper Electronics**: All campers are unplugged!

* Cell Phones – not allowed. Cell phones will be confiscated by staff.
* iPods – allowed ONLY for music during rest hour, and will be confiscated if used inappropriately.
* We discourage camp telephone use by campers except for emergencies.

**Miscellaneous Expenses:**  On the final day of each session, parents will be asked to write a check for any miscellaneous expenses incurred by your camper such as a camp T-shirt/hat.

**Physical Activity:** We encourage campers to participate in activities that are physically active, like jogging, hiking, frisbee, and watersports. All campers are required to take a swim test.

 **Homesickness:** A few campers may experience a degree of homesickness, particularly if this is the first time on their own. Upon request, we have a “Homesick” cd/dvd set by a noted camp psychologist, to help prepare for this time away from home. Overcoming homesickness and achieving independence are important lessons for campers. Research and experience proves that campers who are involved in activities and who make friends with other campers and/or staff, adjust to their new environment with ease. We will contact you if homesickness persists and work together with you to ease the problem.

**Visiting Policy:**  During Prelude there is a no visiting policy.

**Accommodation and Food Basics:** PCP cabins are rustic, and lovingly graffiti-ed with campers’ memories from the past 40+ years. Our campers’ bathroom facilities have hot water and private shower stalls. Our water is treated and monitored daily.

We are a nut-free facility. We offer fresh and healthy meals, with vegetarian options daily. A high priority is placed on providing well-balanced meals. Please let us know of food allergies prior to arriving. In order to maintain rodent and vermin-free living areas, we do not allow food in the cabins. *Campers should not bring food into camp or receive it from visitors or in the mail; it will be confiscated.*

***Final Camper Concert***

The final camper concert is held on Saturday at 1pm at the Salisbury Congregational Church. Concert dress is required for campers.

***Last day Pickup***

Please plan to arrive on campus between 10am – Noon on Saturday, the last day of the session. Once you have picked up your camper’s belongings, enjoy lunch in town, and meet us at the final concert venue. We are responsible for feeding your campers their Saturday lunch, and transporting them to the final concert venue. Departure is post-concert; there is no need to return to campus.

**Summer Mailing Address:** 1361 Hooker Rd., Leicester, VT 05733

**Camp Telephone:** 802-247-8467 Typically, the best time to call is right before or after mealtimes. Note that our phone is not manned 24/7, and only works in the summertime. In an emergency, call the camp landline: 802-247-8467. Please be aware that cell phone reception is not always reliable at camp. Our telephone policy for camper use is only for emergencies.

***Location and Transportation:*** PCP is located on Lake Dunmore in the heart of the Green Mountains of Vermont, 10 miles south of Middlebury. We are 200 miles from Boston, 275 miles from New York City, and 150 miles from Hartford, Connecticut. One hour from camp, Burlington International airport in Vermont, offers air access from almost anywhere. Transportation to pickup and dropoff your camper can be arranged for a nominal fee. Arrangements should be made with camp two weeks in advance.